

GROW NEW IDEAS

It doesn't matter where you live, what you want to be when you grow up, or your level of experience. 4-H is a club of kids and their families who take part in fun, practical projects from woodworking to rocketry, and everything in between.

Join 4-H and explore exciting ways to grow, together.



Central Kansas District 4-H Clubs

Boldly Go

Robyn Prickett (785) 493-0014

boldlygo4h@gmail.com

Meeting: 2nd Tuesday at 4:15 p.m.

1st Baptist Church (Lewis & Martin), Salina

Cardinal

Melissa Gates (785) 452-1639

melissa.gates777@gmail.com

Meeting: 1st Sunday at 6:00 p.m.

Brookville Methodist Church

Friendly Valley

Cheryl Spare (785) 819-2588

cspare45@gmail.com

Meeting: 3rd Monday at 7:00 p.m.

Assaria City Building

Gypsum Valley

Amy Isaacson (785) 826-5119

risaacson@hometelco.net

Meeting: 1st Monday at 7:00 p.m.

Gypsum Baptist Church

Livewires

Amber Anderson (720) 366-9423

a1h12@yahoo.com

Erica Yates (913) 406-2480

erica.yates9112@hotmail.com

Meeting: 2nd Sunday at 4:30 p.m.

Tescott Methodist Church

Pleasant Valley

Melanie Ohlson (785) 643-0349

rgohlson@gmail.com

Michelle Wisbey (785) 458-9613

mwisbey8@gmail.com

Tanya Koehn (785) 443-0997

tkoehn@live.com

Meeting: 1st Monday at 7:00 p.m.

Bennington Bible Church

Smoky View

Kelsy Swisher (785) 227-5635

kelseyswisher@gmail.com

Meeting: 3rd Sunday at 4:00 p.m.

Salemsborg Lutheran Church, Smolan

Solomon Valley

Jennifer Nichols (785) 392-0418

vincreekjn@gmail.com

Bridgette Crosson (785) 643-7980

Meeting: 1st Sunday at 7:00 p.m.

Minneapolis Courthouse Meeting Room

Sunny Valley

Marilyn Mai Stone (785) 376-4010

sunnyvalley4h@att.net

Meeting: 2nd Wednesday at 6:00 p.m.

St. Mary Queen of the Universe Catholic Church, Salina

Willing Workers

Kendra Clark (785) 404-8313

kendraclark398@yahoo.com

Meeting: 2nd Monday at 6:45 p.m.

Trinity United Methodist Church, Salina

Woodsdale

Ashley Johnson (785) 407-7131

rajohnson830@gmail.com

Stacey Gawith (785) 819-3758

msgawith@gmail.com

Meeting: 3rd Monday at 7:00 p.m.

Minneapolis Courthouse Meeting Room

For more information about Central Kansas District 4-H visit:<http://www.centrankansas.k-state.edu/4-h>

K-State Research and Extension is an equal opportunity provider and employer.



LEADERSHIP GROWS HERE

What is 4-H?

We teach kids from all backgrounds how to become well-rounded individuals. We do that by teaching the four H's:

Head — Make sound decisions, stick with your goals and develop practical skills.

Heart — Act with integrity and accountability.

Hands — Put the needs of the community first and commit to serving others.

Health — Actively take care of your mind and body.

What will I do?

4-H centers around projects. Members choose from a wide range of individual projects based on their interests and community availability. Through these projects, members set goals, learn the necessary skills, and exhibit or demonstrate their skills at events like county fairs, speaking contests and competitions.

What can I do?

If you're interested in something, it can probably become a project. Here's a sampling:

- | | |
|-----------------------|----------------------------|
| Clothing and textiles | Reading |
| Pet care and training | Robotics, rocketry and GPS |
| Electricity | Small engines |
| Food and nutrition | Visual arts and crafts |
| Geology | Wildlife |
| Horses | Woodworking |
| Leadership | |
| Photography | |

How can I get involved?

Join a club! 4-H clubs are groups of families and volunteers who generally meet monthly. At meetings, youth members share their projects, plan community service activities and practice running meetings. There are many sub-clubs for individual projects led by adults or older members.

Visit Kansas4-H.org for more information or to find a club near you!

